

SAMPLE SINGLE OCCUPANCY DORM ROOM REQUEST LETTER

<<LETTERHEAD>>>

Date

Residential Office Address

To Whom It May Concern:

_____ is currently under my care at _____ for inflammatory bowel disease. _____ has been a patient of mine since _____.

_____ is requesting a single room with access to a private bath while attending your institution.

The most common symptoms of inflammatory bowel disease (IBD) are diarrhea, abdominal and rectal pain and cramping, nausea, vomiting, fatigue, and arthritis-like joint pains. Although its cause is not fully known, IBD involves the immune system and causes inflammation and ulceration of the lining of the intestines. The emotional and physical issues of IBD are interrelated in complex ways and patients can experience flare-ups during times of emotional tension and stress. Changes in cognitive function can also be disease-related and include compromised attention and concentration, reduced capacity to process information, memory disruptions and reduced ability to multitask. Changes in bowel function (diarrhea and bloody stools) can be exacerbated during periods of environmental or physical stress. The college setting can produce all of these types of circumstances.

For these reasons, it is my recommendation that _____ be granted a single occupancy dorm room due to the privacy and bathroom issues and concerns associated with IBD. IBD symptoms need to be managed privately and _____ will need unlimited access to a bathroom.

I appreciate your understanding of _____'s situation and if you have any questions or concerns, please feel free to contact my office.

Sincerely,